Hoyes Field Elementary - A Net Zero Energy School Integration of Sustainable Design in an Interdisciplinary Capstone Studio

Project Description

This effort utilizes the Solar Decathlon Design Challenge to create a Net-Zero Energy Elementary School as the project for a required, interdisciplinary senior capstone experience. The capstone spans one and a half semesters and includes undergraduate students across the three majors of Architectural Engineering, Civil Engineering and Construction Management who work in interdisciplinary teams to address issues of design, engineering and construction. A significant focus of the capstone for all three majors is sustainability and the Solar Decathlon charge to design buildings that *"meet the nation's rapidly evolving demand for buildings that are innovative, cost effective, quick to build, high quality, resilient, grid-interactive, efficient, and locally responsive"* was an ideal fit as a project for the interdisciplinary senior level experience. In addition to the challenge of designing a contemporary energy-neutral school the level of complexity of the project was increased to match the students' abilities by selecting a local site with a steep, west-facing slope adjacent to an existing high school. With the diversity of skills and expertise represented on the student teams, the project expectations included the complete design of the school's egress, fire protection, structural, mechanical, electrical, lighting, site, and alternative energy systems as well as the development of construction details, estimate, schedule, and construction logistics for the project.

School Program - 55,000 sf

ACADEMIC SPACES 14 classrooms for 350 students - K-6 Library/Media Center Music and Art Classrooms ADMINISTRATION Office Administration Teacher Lounge SHARED SPACES Gymnasium Cafeteria and Kitchen

Project Design Goals

Climate



Average high in °F:394455657583878579675544Average low in °F:222634435362666457443627Av. precipitation in inch:2.872.643.823.824.724.173.863.983.112.833.313.11Days with precipitation:131113121213109991011Hours of sunshine:115137186222273309323295253205138118



Structure

Deep pile foundations
Concrete foundation/retaining
Optimized steel frame

- Concrete floor deck for thermal mass
- Concrete noor deck for thermal mass
- Cross laminated timber roof deck
- Pilasters & stair cores for lateral stability



Project Highlights

Teams, Fundamentals, and Industry Collaborators

- Establish interdisicplinary teams based on student survey of expertise
- Solar Decathlon/Department of Energy Building Science Training
- Systematic consultation with Net Zero Architects throughout
- Systematic consultation with local School Designers throughout
- Systematic consultation with Alternative Energy Engineers throughout
- Systematic consultation with MEP & Structural Engineers throughout

Develop class-wide Net Zero Calculator

Spreadsheet incorporating energy analysis, PV and Solar Thermal harvesting
 Design iteration in Revit. Export of data directly to Excel for systems design

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Health, Safety, and Welfare

Structure designed for expansion of roof mounted PVs and Solar Thermal
Consideration of sustainable materials
Access to daylight for each space
Accomodation for compartmentalized lockdowns for active shooter scenario
Inclusion of massive thermal storage for use during sustained power outage

Knowledge & Skills Gained

- Interdisciplinary teamwork/collaboration
 Design of alternative energy production
 Building and site design/integration
 Structural system design/integration
- Structural system design/integration
 Mechanical system design/integration
 Electrical/lighting design/integration
 Water and wastewater design/integration
 Sample of software incorporated and used
 Sefaira energy analysis
 Climate Consultant energy design
 Revit Building Information Modeling
 DOE Energy Plus energy analysis
 Visual Analysis structural analysis
 RAM Structural System structural design
 Navisworks clash detection
 NREL PVwatts PV output calculator
 BLUEBEAM Construction Logistics

Schematic Design Iteration

Exploration of alternatives
Each team adopting a solution
Initial performance EUI, & cost

531,508 Total kWh/yr 1,214,000 Heating \$25,096,000 Cost **27.9 EUI**

\$386 Cost / sf

Construction

Electrical

- LED lighting throughout

- Large windows for daylight

- Occupancy/daylight sensors

- Grid tied PV with small battery storage

Plumbing

Runoff detention in pond
Rainwater collection
Low flow fixtures throughout
Grey water for irrigation
Water heated from thermal storage

2018 September

December

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A unique aspect of the required capstone year is creation of teams incorporating students from all three majors that work collaboratively, in a studio environment, to solve a complex design problem. Teams are formed in a "blind" process according to student responses to a survey in which they identify their area of focus and expertise and every effort is made to balance each team so that primary and secondary levels of interest and expertise yields at least one and ideally two individuals on each team who have sufficient depth of knowledge in their sub-discipline. Areas of student expertise include; building design, building systems engineering (MEP,) structural engineering, geotechnical engineering, transportation engineering, construction engineering and construction management.

Local consulting engineers and architects were identified early on in the Fall term matching their expertise with the project chosen for the capstone and then were invited on a regular basis to provide individual feedback to teams as the projects progressed, as well as feedback during formal presentations at midterm and final design stages. Several individuals from the firms participated as well, enriching the feedback by bringing alternative perspectives for the teams to consider. The focus on holistic building design and integration of the various systems, including alternative energy production, resulted in the innovative proposal to include massive thermal energy storage in the designs by incorporating evacuated tube solar thermal collectors and harvesting the heat all summer long when school is not in session and storing it for the winter months.

By default, the students on each team from the different disciplines experienced significant crossover of knowledge and skills on a routine basis. For example, structural engineering students learned about HVAC design from the AE students and the AE students learned about construction scheduling from the Construction Engineering students. Furthermore, since alternative energy production and net-zero design is not currently a part of the curriculum leading up to the capstone studio for any of the three majors in the department, the knowledge learned and skills gained in design, engineering and the use of software, such as Enscape, Navisworks, Revit, Sefaira, RAM structural, Energy Plus, Bluebeam, etc. were profound across all disciplines.

I - Project Description

I.I Academic Context

The Academic context of this project is the senior capstone with the Department of Civil and Architectural Engineering and Construction Management (CAECM) at the university All three programs are five-year programs that include 8 academic semesters of study and a required sequence of cooperative education/experiential learning terms.

The capstone experience in the department spans one and a half semesters and comes after the final cooperative education semester. Students in each major enter the capstone year with work experience directly related to their interest in Civil Engineering (CVE,) Architectural Engineering (AE,) and/or Construction Management (CM.) Like all other Engineering and Design curricula, CAECM attempts to incorporate issues of sustainability throughout the course of study in each major but the department faculty have agreed that the capstone experience is the logical place to integrate sustainability in a significant way through a shared, comprehensive design experience.

1.2 The Challenge of Integrating the Design Challenge into the Capstone

While several units on campus allow students to choose their own capstone project and assemble their own teams, the capstone instructors in CAECM chose to create a single, senior capstone experience in which Civil Engineering, Architectural Engineering and Construction Management students are placed on interdisciplinary teams to solve a complex architectural, engineering and construction design problem. Since the university does not allow faculty to create "select" teams for a required capstone, we began the capstone by assessing student expertise and interest by distributing a survey to the junior class prior to the start of the semester. The expertise between the disciplines varies and the number of students who specialize in each area varies as well.

The survey responses are used to assemble teams randomly using a "blind" process in which skills, area of expertise and work experience are distributed evenly across all teams. This distribution ensures that there is sufficient depth across all aspects of the building design, engineering, and construction processes on each team to solve the design problem. Furthermore, this random distribution mimics what might happen in practice where members of various consulting firms are thrust together on a building project, resulting in a capstone experience that might be more realistic.

I.3 Capstone Project Selection

In order to create a meaningful capstone experience for the diverse skill sets and sub-disciplines represented on each team, the faculty developed a rubric for the selection of a project and site that would require members of each team to work collaboratively on the development of the design solution. Any project selected, therefore, needed to include architectural, transportation, site, and structural engineering problems to solve as well as construction logistics, sequencing and estimating opportunities that allowed all Architectural Engineering, Civil Engineering and Construction Management seniors to bring their individual expertise and participate equally in the project. The rubric for the selection of the capstone project and site follows;

- I. Provide a project that ensures issues of sustainability are considered across all sub-disciplines.
- 2. Provide a program with sufficient size and complexity to allow for meaningful design exploration.
- 3. Provide a site that poses sufficient geotechnical design challenges.
- 4. Provide a program and site that poses significant traffic and transportation issues to address.
- 5. Provide a program with long span and lateral structural design issues to address.
- 6. Provide a program and site that requires the design & integration of complex MEP systems.
- 7. Provide an opportunity to incorporate construction estimating and project estimating during design.
- 8. Provide an opportunity to solve a unique construction logistics and scheduling problem.

To address each of the items in the rubric, the capstone instructors selected the Solar Decathlon Design Challenge to design a net-zero energy elementary school as a reasonably complex project for the seniors in all three majors. By default, the Solar Decathlon raises the question of sustainability to the foreground so all seniors are forced to address the questions of carbon, waste, and energy in their respective disciplines. To increase the complexity for each sub-discipline, the site chosen for the new K-5 school is a steep, West-facing slope that sits directly in front of an existing high school. Figure 1 illustrates the site with contours and the relationship to the existing high school. Figure 2 illustrates the existing high school adjacent to the site on its east side.

Figure 1: Site with contours

Figure 2: Existing high school at East side of site

2 - Collaboration of faculty, students, and licensed professional engineers

2.1 Interdisciplinary Capstone Teams and Studio Format

Our capstone student design teams consist of a mix of AE, CVE, and CM majors with expertise across the building design, building systems engineering, structural engineering, geotechnical engineering, transportation engineering, construction engineering/management fields. The capstone is delivered in a studio format with teams assigned to a workspace equipped with a large table and large screen for collaborating. The space, shown in Figure 3, is available to them 24/7 allowing them to work outside of class time on the design and engineering of their project.

Figure 3: Collaborative studio space for capstone

On average, each student design team has 2 to 3 AE students, 3 to 4 Civil Engineering students and 3 to 4 CM students. This mix varies year-to-year based on enrollment and distribution of expertise. Every effort is made to balance each team so that primary and secondary levels of interest and expertise identified by the survey provides at least two individuals on each team who have sufficient depth of knowledge in their sub-discipline. Once teams were formed, students in each team developed a responsibility matrix identifying both primary and secondary roles as shown in Figure 4.

2.2 Capstone Faculty and Professional Engineers

Three primary instructors are assigned to the capstone studio, one from Architectural Engineering, one from Civil Engineering and one from Construction Management. Between the three faculty there is significant overlap in expertise and knowledge about building design, engineering and construction. Furthermore, the disciplinary depth represented by the faculty allowed each faculty member to bring their local contacts within the profession to the table (figuratively and literally) to help the capstone teams with their emerging designs. In addition to the primary capstone faculty, several other faculty in the Department of Civil and Architectural Engineering and Construction Management served as consultants during the process and participated in the review of the teams at midterm and end of semester formal presentations.

The local consulting engineers and architects were identified early on in the term matching their expertise with the project chosen for the capstone and then were invited on a regular basis to provide individual feedback to teams as the projects progressed as well as feedback during formal presentations and midterm and final design stages. Several individuals from the firms participated as well, enriching the feedback by bringing alternative perspectives for the teams to consider. A brief description of the firms who consulted with the student teams on a regular basis follows.

- (XXX) Design is a local architectural engineering firm whose specialty is innovative educational space and K-12 school design. The firm has designed approximately 50 elementary, middle and high schools in the metropolitan area and are regional experts in the design of educational environments. Architects and engineers from this firm were instrumental in helping teams understand the complexity of issues related to programming, school operations, energy patterns, school safety, etc.
- (XXX) Design is architectural firm whose expertise is in sustainability and net zero energy design. The firm has designed and engineered several zero energy buildings in the city and helped student teams integrate both passive and active solar design techniques into their buildings.
- (XXX) is a Mechanical Engineer with expertise in thermodynamics, fluid mechanics, and heat transfer who has participated in the 2007 Solar Decathlon and brought that experience and expertise in solar thermal energy harvesting and thermal energy storage concepts to the project team.
- (XXX) is a large structural engineering firm with offices in multiple states. Their firm has considerable expertise in structural steel design and they have developed expertise in heavy timber and cross laminated design as well and encouraged students to consider the use of timber as an alternative structural material. This firm also provided significant geotechnical insights to the teams.
- (XXX) Consulting Engineers provided insight into transportation issues, utility integration and site design and layout as well as additional geotechnical assistance, runoff and detention pond design advice.
- (XXX) Construction is a large local construction firm with considerable expertise in BIM and Virtual Design and Construction. The construction engineers from this firm helped student teams develop an appreciation for the use of BIM throughout the design process as well as using BIM as a virtual model for estimating, scheduling and construction efforts.

The overall relationship between capstone students, primary capstone faculty and local licensed professionals is shown in diagram form in Figure 4.

Figure 4: Matrix illustrating relationship and integration of licensed professionals, student design teams and faculty around the design of a net zero elementary school senior capstone project. Primary and secondary student roles identified in orange and gray respectively.

3 - Protection of health, safety, and/or welfare of the public.

The protection of public health, safety and welfare was a primary focus of the studio in several respects. During the design process, students considered each design decision with respect to these issues. The elementary school project raised the level of engagement with health, safety, and welfare issues to the foreground throughout the design process.

3.1 Health

An aspect of sustainable design is to minimize impacts on the environment by incorporating materials that have low or no VOCs, have high recycled content or can be easily recycled, and minimize the use of carbon in their manufacturing, delivery and installation processes. This led most teams to consider the use of heavy timber and cross laminated timber as a viable alternative for portions of their buildings as the wood was both a natural material with no volatile organic compounds and could also sequester carbon within the building at the same time. Maximizing natural daylight in all spaces also has direct benefits to the health of faculty, staff and students.

3.2 Safety

At early stages, safety of the children during drop-off and pick-up forced students to consider several iterations that avoided dangerous interactions between school bus access and vehicular access by parents. These transportation and site issues had profound impacts on every team's design. Once designs began to emerge, local architects and fire protection professionals provided feedback about emergency egress and fire protection. These issues also impacted designs in terms of circulation within the building and exiting from the building during a fire that were complicated by the steep, sloped site. One consideration brought up by the school design expert, that students were wholly unprepared to cope with, was to divide the school into "lockdown compartments" to minimize access by an active shooter. This safety issue left an indelible mark on both the students and their designs.

3.3 Welfare

Since taxpayer money is used to fund operations and utilities in public schools, by default, a net-zero energy building addresses the issue of public welfare by reducing the on-going tax burden associated with utility bills. Typically, total cost of building construction and operating costs are calculated over a twenty-year period in order to justify the initial investment of higher quality materials and alternative energy installations. However, with many of the warrantees and life expectancies expiring at 20 years, our students calculated the life cycle cost for a 30-year period when pumps, PV panels, roofing etc. expire or need to be replaced. This extended life cycle analysis provided further verification that investment in higher quality construction and net-zero energy production would actually make economic sense. Depending on the specific team design, this analysis revealed overwhelming support for the initial and ongoing investments while in other designs, it was more difficult to justify.

The student in the Construction Engineering and Management area of focus provided constructability reviews during the process as well as value engineering reviews at major stages of design. These efforts helped the teams make informed and wise choices about form, site integration, materials, etc. For example, during initial architectural design, the designers chose to step the foundations on the sloping site, the value engineering review suggested that one larger excavation would reduce cost significantly. This suggestion resulted in several thousand square feet of unneeded space buried deep within the building that then was put to good use by serving as the large volume required for the storage of thermal energy collected during the summer months.

4 - Multidiscipline and allied profession participation

Alternative energy production is not currently a part of the curriculum for any of the three majors in the department. Consequently, the capstone faculty and students relied on expertise from local architects and faculty who specialize in net-zero building design. The focus on holistic building design and integration of the various systems, including alternative energy production, resulted in an innovative proposal to include massive thermal energy storage in the designs by incorporating evacuated tube solar thermal collectors and harvesting the heat all summer long, when school is not in session, and storing it for the winter months. Solar thermal harvesting and storage was suggested by one of the local consulting mechanical engineers who specializes in solar thermal installations and was embraced by most teams as a design and engineering challenge to incorporate into their designs. Figure 5 illustrates the building occupancy vs solar thermal output and an evacuated tube array.

While general building design is part of the AE curriculum, no students or faculty in the department have experience in the design of an elementary school. Consequently, the capstone relied on local architecture and AE firms with that expertise to participate in the schematic design and design development phases in both informal individual team reviews and during formal presentations. Additionally, a local expert who was on the development team for Sefaira, a design and analysis tool for building energy, offered training for the student teams on the use of the software as a design tool.

There is currently no faculty in the Civil Engineering Program with expertise in heavy timber and cross laminated timber design, engineering and construction. Consequently, for the several teams choosing to incorporate wood as a sustainable and carbon sequestering material, a local engineering firm with expertise in heavy timber and cross laminated timber served as a consultant to the teams, helping them with their calculations and detailing efforts.

5 - Knowledge or skills gained

5.1 Student gains

As mentioned previously, the capstone students in Civil Engineering and Construction Management had little to no experience in holistic design and building systems integration pushing them even further to the edge of their comfort zone. To address this, the capstone faculty developed a systematic methodology for the generation and evaluation of alternatives as a way to accelerate the schematic design and site integration process. This was a new concept for all students and added a powerful approach to their arsenal of engineering and design strategies. A summary of the schematic designs explored (one by each team) follows in Figure 6.

Figure 6 – Schematic exploration of various site strategies.

The capstone effort also represents the first time most of the students actively worked on a multidisciplinary team to solve a comprehensive and complex design problem. The students quickly resolved to use Revit to create a single model for collaboration and integration of structural, mechanical, electrical, plumbing, and alternative energy systems. To help facilitate the collaboration of the team members, Autodesk donated licenses of BIM 360 to the capstone teams exposing the students to this powerful collaboration tool as well. For many of the Civil Engineering and CM students, this was the first significant effort in the use of Revit and for students in all three majors, this was the first time using BIM 360 as a collaboration tool. Introduction to other new software such as Enscape, Navisworks and Bluebeam provided additional opportunities for students to exercise or gain new experience with advanced tools. The lessons learned about collaboration, communication, presentation, compromise, integration and design throughout the process was invaluable.

Since none of the capstone students had experience in the design and integration of alternative energy strategies, the learning curve here was equally steep and intense. Students were exposed to new concepts and tools for designing and integrating Photovoltaic systems and Solar thermal collection into their buildings. All

students in all three majors on the Solar Decathlon design teams were required to complete 10 hours of online training in building science offered by the National Renewable Energy Laboratory (NREL.) Students also developed new skills and knowledge in this area by learning and using software such as NREL's PVwatts calculator, Solar Thermal Output calculator developed by XXX Mechanical Engineer, Trimble-Sefaira for early stage analysis of building design performance and lighting simulation and other energy modeling and simulation tools. From these various tools and the building science training, students (one from each team) collaboratively developed a single spreadsheet tool to help them determine net zero demands for their emerging designs. The spreadsheet incorporates and links data exported from Revit, HVAC, lighting and electric loads, and output from PVs and Solar thermal to calculate the number of PV panels, the number of Evacuated tube arrays, and the gallons of thermal storage required for an iteration of their design to reach net-zero.

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		Occupied Ventilation (BTU)	-49,771,260	-47,664,540	-25,587,500	-22,564,080	-6,361,340	0	-907,830	-11,954,250	-6,978,510	-20,561,310	31,205,799	-35,862,750			
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Figure 7 – Net Zero Calculator incorporating Revit and loads data, Solar Thermal and PV Watts output

5.2 Faculty gains

The lessons learned by the three faculty mimics what the students learned, since none of three are necessarily "experts" in alternative energy design, BIM collaboration, or in the use of the software introduced. Of greater importance, the lessons learned that we will carry to the delivery of the capstone next year can be summarized in the following bullet points.

- To combat "senioritis," institute more deadlines throughout the process. Students work better if there is a specific deadline to respond to.
- To minimize the time "floundering" during schematic design, begin the senior year with the building science training in parallel with a series of specific lectures on alternative and energy training sessions in the use of new software.
- To help with communication and to accelerate the schematic design phase, expand the teams to include one to two architecture majors.
- To increase direct communication with and input from consulting engineers, create a mechanism that allows our partners to collaborate with teams on a much more regular and intimate basis.